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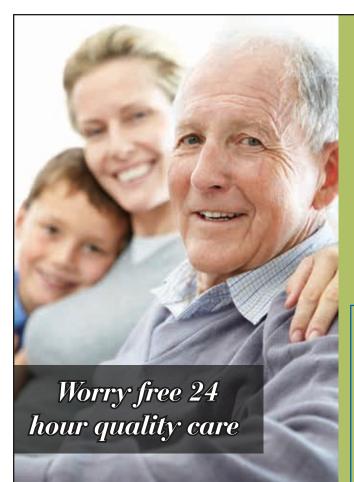


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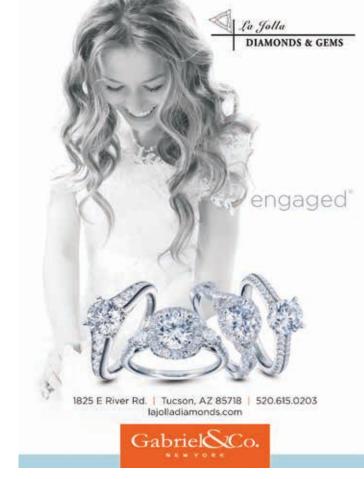
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**4** The Heart of Oro Valley • October 2018



# On The Cover:

Debbie and Tom Murphy show off their beautiful yard. They relax properly. Call Mario at 520-979-8640 today. in the front yard on this bench under the tree.

# Inside this issue:

November 11 ... come help the horses and enjoy yourself at this charity event. It is the annual Equine Voices Rescue & Sanctuary silent auction and gala dinner at the Tubac Golf Resort. You don't want to miss this one. Read about it and put it on your calendar today!

The resident recipe, "I Never Thought It Would Happen To Me," is a hilarious story from Kim Dickinson. You won't be able to stop laughing. What a great article.

Alexie and OneAZ Credit Union celebrate our veterans and the charity that Alexie supports. We are so proud of Alexie and what she does for our veterans.

"The Good, The Bad and the Ugly: The Truth Behind The Grand Canyon Havasupai Falls." This is a sad story about the abused horses at the bottom of the Grand Canyon. Read about it. You will change your mind about taking the horses down the Grand Canyon.

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# This Month's Holidays:

World Communion Sunday October 7

October 8 Columbus Day

October 18 St Luke

October 21 World Mission Sunday

Halloween October 31

We enjoy the relationship we have with many of you and we look forward to meeting those we have not yet met. Give us a call anytime and let us buy you a cup of coffee so we can get to know you or feature you, your home, your garden, or your pet in our magazine.

Call or email us to get on the Event List. We will invite you and your spouse to dinner, a play, bowling ... where you get to meet your neighbors and the sponsors that make this magazine possible for you. We look forward to hearing from you. As always, our resident events are always free, except for alcoholic beverages.

We sincerely hope you enjoy this issue of *The Heart of Oro Valley*.





Sallie O. Montano Frank M. Montano Publishers, Tucson, Arizona 520-343-4285, Sallie Sallie.n2pub@comcast.net 520-343-4106, Frank Frank.n2pub@comcast.net

# CONTRIBUTORS











Kim Dickinson Resident Recipe



Kim Dickinson, Resident Recipe



Sherre Weeks, MSN, RN, Is Assisted Living For You?



Karen Pomrov, The Good, the Bad, and the Ugly

Debbie & Tom Murphy,

Yard of The Month



Cody Tretschok,

**Home Solutions** 

David Fimbres, Precious Pet



Jim & Holy Earl, Jim Earls Fine Portraiture



Alexie. Honor Fliaht

The Heart Of Oro Valley THIS MONTH'S



Sallie Montano

Editor, Writer







# FREE MOVIE TICKETS

# BECOME A FILM CRITIC

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Free movie tickets: Winter's Foothills Mall. You'll enjoy the coming, and there are a few movies to get you in the mood.

Just go to the movies, write a short review (just two or three paragraphs), and take a picture of you in front of the movie poster. If you haven't tried Roadhouse Cinema, I highly recommend it. The seats are super comfortable, they have a small, limited capacity for each film, and they serve lunch and dinner-type food, as well as adult beverages. So does the AMC Loews Theater at

new remodel!

Then, send us the picture of you in front of the movie poster and a short write-up, and We will send you a \$25.00 gift card to lunch or dinner at Goyita's restaurant, a Mexican restaurant with New Mexican Flavors.

You can send your review to frank.n2pub@comcast.net

Enjoy!

Centers around Stephanie (Anna Kendrick), a mommy blogger who seeks to uncover the truth behind her best friend Emily's (Blake Lively) sudden disappearance from their small town. Stephanie is joined by Emily's husband Sean (Henry Golding) in this thriller filled with twists and betrayals, secrets and velations, love and loyalty, murder and revenge

Tom Cruise in his sixth Mission Impossible movie series. Two years after the capture of Solomon Lane (Sean Harris), the remains of his organization The Syndicate have reformed into a terrorist group known as The Apostles. At a safehouse in Belfast, Ethan Hunt (Tom Cruise) receives details of a mission to intercept the sale of three plutonium cores to members of the group, who are acquiring then for their latest client, fundamentalist John Lark.



Many have hailed it as the best installment in the series, with some considering it one of the greatest action films of all-time.



Smallfoot turns the Bigfoot legend upside down when a bright young Yeti finds something he thought didn't exist—a human. News of this "smallfoot" brings him fame and a chance with the girl of his dreams. It also throws the simple Yeti community into an uproar over what else might be out there in the big world beyond their snowy village in a rollicking story about friendship, courage nd the joy of discovery.







# We Want Your Pictures

If you have taken pictures of any of the following occasions, please send them to us at frank.n2pub@comcast.net with a short write-up (just a few sentences will do) and we will put them in the next issue of your neighborhood magazine. Feature you, your family or your a hobby

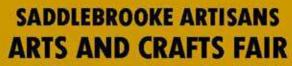
Your Home **Backyard party** Your Hobbies Mother's Day Father's Day Holidays Your Yard **Birthdays** Weddings **Anniversaries** 

Spotlight your job New baby in the house Graduations Get-togethers Clubs, books, wine, reading, etc. **Vacations** Anything you think would be of interest

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ONE CALL TAKES CARE OF IT ALL



# The Good, THE BAD, and THE UGLY

# THE TRUTH BEHIND THE GRAND CANYON'S HAVASUPAL FALLS







Samson, blind but safe at his final home, Equine Voices, Rescue and

Samson, with Kelly Cooper, Operations Manager, Equine Voices Samson Rescue & Sanctuary

As you hike down the eight-mile stretch of switchback trails and rough terrain, you experience the serene beauty as you anticipate reaching the bottom of one of the most beautiful places on Earth, Havasupai Falls, where tourists from all over the world make the long journey from their home countries to feel the magic and visit this enchanted site. If you hike, you need to be in good shape to handle the steep terrain and treacherous footing. Hiking is one way of getting in and out of the canyon. Another is by helicopter; although a wonderful and easy way to arrive at the bottom, you may have to wait for hours to get a thrilling ride on the "chopper."

There is one other way to visit Havasupai Falls ... on horseback. In fact, if you hike, you will pass by several strings of horses and mules carrying heavy packs, supplies, and tourists. Truly a sight to be seen. It feels like the wild, wild West, and what a memory to hold on to for life.

Behind the scenes, however, is a horrible abuse that many are not aware of. Horses and mules are burdened down with packs so heavy they collapse in the hot sun, only to be beaten, kicked and forced to stand in order to reach the top of the canyon where there is no shelter, water or rest. Upon arrival at "hilltop," they are forced back down the eight-mile stretch, with a new load. The brutality has existed for decades. Only a few know the truth behind the scenes. Hundreds of horses and mules have suffered at the hands of their owners, being abused so badly that they could barely stand, and at times were left to die.

Meet Samson: When Equine Voices heard about Samson, we had to help. In October 2016 we received a call from Stop Animal Violence (SAVE) who asked if we could help a horse in Havasupai who had been beaten to the point of blindness and left with a broken nose. His knee was permanently injured from being forced to navigate the canyon a minimum of five times each day.

Samson was walked out of the canyon by the Ranch Manager of Equine Voices, Ricky Williams, and Ranch Manager of Healing Hearts Animal Refuge, Adam White. A six-hour trek, one step at a time, they finally made it to hilltop where he would be loaded onto a trailer to Flagstaff prior to his long journey home to safety. Samson is one of the lucky ones. He now resides at Equine Voices Rescue & Sanctuary where he will live in the sanctuary for the rest of his life, never to be abused again. He is here to tell his story and to help stop this violence and abuse.

**Meet Brownie:** Brownie, one of four horses who left the canyon in April 2016, was used as evidence in the Leland Joe animal cruelty case. Brownie's abuse was so severe, it took over a year to rehabilitate him. Blinded in one eye by his attacker, he will never see fully again.

Meet Elliot: Elliot was left tied with no food or water, was left completely tacked with his saddle and bridle for 10 days. Scars and maggot infestation took over Elliot's body. Just recently, Twiggy, a horse rescued from Havasupai reservation, did not survive the abuse inflicted on him. Emaciated and beaten, he had to be euthanized.

Recently, a horse, name unknown, was seen by a tourist after collapsing with packs so heavy he could no longer carry the weight on his back. Too weak to stand, he was being beaten and kicked in the face by his handler/owner. He is still working in the canyon.

Meet Moab and Sedona: In March of 2017 Healing Hearts made the very emotional journey to Flagstaff to rescue two Havasupai horses. It was heartbreaking to hear that Moab could barely walk without falling and that Sedona had survived a fall off the switchback the prior month, despite a lack of medical care. Their eight-mile journey up the canyon and respite in Flagstaff was their first breath of freedom and compassion in years. It



Samson had been beaten to the point of blindness and left with a broken nose. He now resides at Equine Voices Rescue & Sanctuary where he will live in sanctuary for the rest of his life, never to be abused again.



Horses and mules are burdened down with packs so heavy they collapse in the hot sun, only to be forced to stand in order to reach the top of the canyon where there is no shelter, water or rest.

takes a village to be part of a rescue effort like this. The continuum of care at Healing Hearts involved immediate X-rays, medical and dental care for both (especially for Sedona, whose teeth were worn to her gum line), and in-depth farrier work. Both horses are now thriving, social and expected to live very long lives.

These are only a few of the atrocities inflicted on the equines who reside in this place of heaven. For the horses, it's a place of hell. So many have not only suffered at the hands of their owners, but died painful and tragic deaths. Still, it continues, day in and day out. These animals are forced to endure record high heat in the summer and brutally cold days and nights in the winter. Food, water, proper hoof care and overall proper treatment of the horses and mules is lacking by far. Something must be done. Rescues are not the answer, change is. Notifying the public



Brownie, it took over a year to rehabilitate him.



Brownie, one of four horses who left the canyon in 2016. His abuse was so severe, it took over a year to rehabilitate him.



Twiggy, a recent victim of Havasupai Falls abuse. about the horrific offenses to these hard-working, majestic creatures is the only true way to help save these animals in need. If you decide you want to visit one of the most magical places on earth, please think twice before riding a horse or a mule—and think twice before using them to pack your supplies.

# Ways you can help the Havasupai horses and mules:

If you witness abuse, neglect, starvation, horses tied without food or water, report the abuse to:

Laura Naranjo
Bureau of Indian Affairs (BIA) Office of
Justice Services (OJS)
District III Office, Special Agent in Charge
email: laura.naranjo@bia.gov

Please also contact the following organizations/individuals and demand that they take immediate action to ensure the safety and welfare of all Havasupai pack animals. Abbie Fink
The tribe's Public Relations Representative
602-957-8881
email: afink@hmapr.com
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www.facebook.com/HMAPublicRelations

Wildland Trekking 1-800-715-4453 www.wildlandtrekking.com/havasu-falls/havasupai-tours.html www.facebook.com/WildlandTrekking/

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# To help horses like Samson, Brownie, and Pace, donate to:

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Healing Hearts Animal Refuge www.healingheartsaz.org 602-714-0241

# Arizona Coalition for Equines www.arizonacoalitionforequines.org \*\*\*\*\*

About the author: Born in Nuremburg, Germany, Karen Pomroy, Founder of Equine Voices, traveled extensively around the world in her younger years. In 1994, after working in sales and marketing in Los Angeles, CA, Karen embarked on a backpacking trip to several developing countries, which changed her life forever. An avid animal lover, Karen has always had a passion for rescue and philosophically assisting in raising the level of compassion for all living beings. In 2004, Karen embarked on her lifelong passion by creating Equine Voices Rescue & Sanctuary, a nonprofit equine rescue located at the foothills of the Santa Rita Mountains in Amado, AZ. Today, Equine Voices is run primarily by volunteers, a very small staff and a



board of directors, and currently has 65 equines at the sanctuary and 16 Premarin mares in Canada. For more information on Equine Voices, log on to www.equinevoices.org

Karen Pomroy, President/Founder Equine Voices Rescue & Sanctuary

forced to navigate the canyon a minimum of five times each day. was their first breath of freedom and compassion in years. It swer, change is. Notifying the public Havasupai pack animals. Equine Voices Rescue & Sanctuary

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By **Sherre Weeks** RN MSN

Pets can add much joy to a senior's life. First and foremost is by filling many voids experienced when you live alone. Having a pet to talk to and care for can ward off loneliness and depression. It also gives the elderly person a purpose and helps them to feel needed.

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While dogs are man's best friend, an elderly person often has problems taking care of the dog. Dogs require bathing, grooming, veterinary services, and someone has to clean up after them. These things are often very difficult for someone with vision problems, mobility problems, or the inability to drive. Many of these areas can be covered by services that come to you. We now have mobile groomers, pet waste pick-up people, mail order pet pharmacies, and pet food delivery services. Family and friends are often willing to assist with getting the pet to the veterinarian when needed.

Cats make excellent pets for the elderly. Cats are lower maintenance than dogs. Short hair cats require very little grooming other than an occasional wipe down with an anti-dander wipe. New self-cleaning litter boxes are now available and make pet waste clean-up much easier. Cat food tends to be cheaper than dog food.

Choosing the correct pet can be challenging. Look for a pet that is low energy and willing to spend the day indoors. Elderly dogs and cats can be much easier to care for than a puppy or kitten because they tend to be less active and are happy to just sit with you. Fish and birds are also good choices for some people. Training is very important for dogs so the dog does not jump on the owner and knock them down. Basic commands are a must; sit, stay, come, and leash walking are important commands to teach an elderly person's dog. These commands will help maintain control of the dog and keep the owner safe from being pulled or knocked down by the dog. The "come" command is useful if the dog wanders from home or doesn't want to come in the house.

Many assisted living homes accept smaller, calm pets. There is often a fee associated with having a pet in assisted living. Owners/families are expected to clean up after the pet and provide all care needs. An extra deposit is also usually required. Some breeds or weights of dogs are not allowed. The pet must be totally non-aggressive and not so possessive that it won't allow the owner to receive the care they need from the caregivers.

If you are elderly and alone, consider a pet. You will have someone to talk to, someone to care for, someone who is always there, and someone who will love you unconditionally.







What: Fall Fundraiser to Support the Equine Voices Horses
Three-course meal, cash bar
Silent and Live Auction by Letitia Frye of http://letitiafrye.com/

# Where: Tubac Golf Resort

1 Ave De Otero Road, Tubac, AZ 85646 http://www.tubacgolfresort.com

When: 5pm on November 11, 2018 5:00 - 6:30 Silent Auction 6:30 - 8:30 Dinner and Live Auction With Letitia Frye



By Karen Pomroy

Ticket price: \$85 per person

# Accommodations at Tubac Golf Resort & Spa:

We've arranged special group room rates for our fundraiser guests! If you'd like to reserve a room, call the Tubac Golf Resort Reservations Department at 800-848-7893 before October 10, 2018. Be sure to let them know you're attending the Equine Voices Fall Fundraiser on November 11 so you get the group discount!



# home solutions By Cody Tretschok What is Automation, EXACTIY?

# **OVERVIEW**

Many people have heard the terms "automation" or "home automation," but few fully understand what they mean. Webster's defines automation as "the technique of making an apparatus, a process, or a system operate automatically." This can apply to a lot of different things, but in this example, the "system" is your home and the "apparatus" are the various electronic systems inside your home. The intent of this article is to provide a quick, basic overview of home automation, with the hope of helping you wade through the hundreds of options you have when you consider whether to "automate" your own home.

## WHAT CAN BE CONTROLLED?

In general, home automation is all about making the various electrical and electronic systems in your home easier to operate and control. These systems include some obvious things, like your sound system, your TV and your lights, and even some not-so-obvious things like your drip system or your garage door opener. Other things that fit somewhere in-between include motorized shades/window coverings, security systems, surveil-



lance systems, thermostats, and more. Just about anything can be automated if you really want it to be.

# **FEDERATED VS. INTEGRATED**

Automation products are pretty common these days — if you go to your neighborhood home-improvement store, you'll see dozens of options for automating your lights or your doorbell or your surveillance system. Most are very inexpensive and function with an app that you can download to your phone. These systems are designed for the "DIYer" — a person who likes to install and set up things themselves. They work well as a whole, are relatively easy to install and set up, and they don't cost too much. The only major drawback is that they create a "federated" system vs. an "integrated" system. In other words, they all are designed to work on their own, but they are generally not designed to work together. You may buy a couple lighting controls that allow you to turn on and off one or two lights, but that probably requires a different app and controller than the system that controls your thermostat. And neither of those necessarily work with your TV remote. They simply aren't designed to work together as an integrated system.

If you're not a DIYer and prefer to let someone else deal with the technical issues, then there are several other options you can consider. These include automation brand names like Control4, Crestron, URC and Savant. These systems tend to be more expensive and generally require an expert for installation and programming. Their big advantage over the other systems, however, is that they are designed to form an integrated system. In other words, the remote that controls your  $\operatorname{TV}$  also can control your lights and your thermostat. The phone app that puts your shades up and down also can lower your garage door and turn off your lights. Furthermore, an integrated system also offers the ability to control multiple systems at the same time. For example, you can have a single button-push turn on your audio system and TV, lower the lights and the shades, turn down the thermostat, and switch the cable box to ESPN just in time to watch the big game. Or one "goodnight" button puts down the shades, turns off the lights, turns off all the electronics and puts the garage door down. Now that's true home automation!

### **VOICE CONTROL**

So, you may be asking, what about voice control through Amazon Alexa or Google Home or even Apple Siri? "Can't I automate my home using these devices?" The good news is that the answer is "yes" for both federated and integrated systems. There are some limitations on both sides of the automation spectrum, though, so we'll leave that discussion for another time...

# CONCLUSION

Whether you choose a simple, federated system with a couple of devices, or a sophisticated whole-home system, adding automation can provide an enormous improvement in your quality of life. Something as simple as being able to ensure all the lights are off and the garage door is down, from anywhere in the world, brings a piece of mind that is hard to gain from any other source! I strongly encourage everyone to automate their life, accordingly!

# COFFEE **BREAK**



# Easter Trivia

- Easter always falls between March 22 and April 25.
- The full moon determines the date of Easter.
- Chocolate eggs were traditionally given as gifts in
- Ninety million chocolate Easter bunnies and 16 billion jelly beans are produced each year before the commencement of the Easter festivities.
- 76 percent of people eat the ears on chocolate bunnies first.
- According to the Guinness Book of World Records the largest Easter egg ever made was just over 25 feet high and weighed 8,968 lbs.
- Cherry is the most popular jellybean flavor.

# Sudoku

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Complete the grid so that every row, column and 3x3 box contains every digit from 1 to 9 inclusive.

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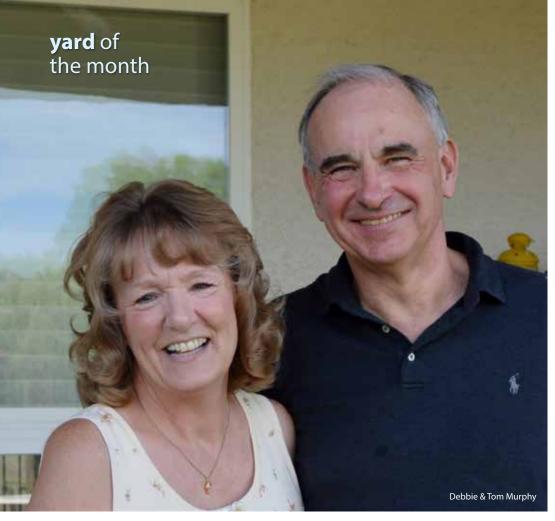
DHFZGQVDFEBH

# Think Spring!

Search the puzzle for themed words. Words may be horizontal, vertical, diagonal, forward and backward.

**EASTER BUNNY EGG HUNT** GOLD **GOOD FRIDAY GREEN IDES IRELAND IRISH LEPRECHAUN** LUCK **MARCH PASSOVER RAINBOW SHAMROCK** SHILLELAGH **SPRING** ST PATRICK

14 The Heart of Oro Valley • October 2018









# DEBBIE & TOM M U R P H Y, YOUR YARD IS OUR YARD OF THE MONTH

# Rigo Pest Prevention Congratulates You!

We are proud to share with the neighborhood all the work that Debbie and Tom Murphy have done to make their yard so beautiful. They moved to the Oro Valley area from Chicago a few years ago. They still have family back in Chicago and get back about once or twice a year to visit, but they really enjoy the desert, the weather and the beauty of Arizona.

We have known the Murphys for a couple of years and have enjoyed their company as friends and participants at some of our neighborhood events.

Thanks for letting us show off your yard this month.











# Pet Beauty Contest







# WHO HAS THE CUTEST PET?

# All Types of Animals are Eligible

Desert Sky Islands and Oro Valley publications are looking for the cutest pet in our neighborhood. Do you think your pet is the cutest? Do people tell you how cute your rabbit or cat are? Does your dog do better tricks than anyone else's? Do you have a San Francisco Garter snake?

We looking for the most beautiful pet and we are offering a prize for the best submission. How do you enter?

Email Frank at frank.n2pub@comcast.net with as many photos you like (the more the better) and a short description of your pet. Maybe a few lines about how spoiled your dog is or what makes he/she special!

We will place the pictures in the magazine and the owners of the pet will get a \$50 gift card for lunch

or dinner at Goyita's Mexican Restaurant in Oro Valley! Goyitas is a family restaurant with great New Mexican flavors.

So take a few photos of your pet and send them in. You just never know, your pet may just end up paying for your dinner!





I Never Thought It
Would Happen To Me

By Kim Dickinson

I never thought it would happen to me. I never asked for it, never hinted that I might be open to such a thing, but here we are. A little wiser and with fewer bucks in my pocket. I don't regret the journey, only that I waited so long to find a love like this. Here is my story.

It started with an occasional email. Nothing particularly out of the ordinary. Just some facts like skills and abilities. Nothing at all sexy or flirtatious. I ignored the first few, maybe more. I had a good life. A full and rich life. I never thought I would start to get text messages. You need me? You want me? I need you? How could you know me? The messages were starting to be more frequent and more urgent. Then came the pictures. Oh, the pictures. He was beautiful. Shiny in all the right places, firm and sturdy. I was intrigued. There were some from the side and some baring everything. I was officially interested, but how could I tell John? What would our family and friends think? I started to get mail too. I was having trouble hiding it. Every day, there was some something else. Short stories mostly, but some works of non-fiction, some that had clearly taken time to create. The words so carefully chosen made my mouth water. We were getting serious. I took the plunge and made the call. My old life, be da\*\*ed!

On a Wednesday in the heat of a July afternoon, two days after Amazon Prime Day, my love arrived. We met at the door and it was as if we had known each other for years. Oh, there was some awkwardness during the first hugs, but soon enough we were in the kitchen and I saw all of him for the first time. The pictures didn't lie. He is all I could have hoped for—strong, non-stick and dishwasher safe. We have had some good times. Not every day is perfect, but we are learning each other's foibles and habits. My new air fryer and me. I think it is going to work out just fine!

Air fryers, of course, were the hot 2017 must-have for handy cooks. I was, as usual, late to that party, but now that I have joined the ranks of proud owners I have tried a few appetizers, main dishes and even some desserts. For the most part, if you can use your oven, you can use the air fryer and get even better results. My particular model of air fryer is pretty simple (OK, inexpensive), but functional. It has a temperature control knob and a timer. The maximum temperature is 400 degrees which for my money is more than enough. The basket is fully dishwasher safe and non-stick. The exterior of the machine stays cool and is easily wiped down. I have tried frozen shrimp, french fries, chicken, meatballs and even biscuits. All cooked exactly as expected, no burning and for those things like the fries that should be crispy, they were 100 times better than using the oven. It is rather impressive. Everybody likes a new toy once in a while and I am happy with this purchase (at least until the next best thing comes along!). Enjoy!



### **INGREDIENTS:**

2–3 salmon filets, about 1-½ inches thick cup bourbon

cup brown sugar

½ teaspoon each cumin, paprika and salt

## **Directions:**

Mix the bourbon, sugar and spices. Marinate the salmon in the mixture for 1–2 hours. Preheat the air fryer for 5 minutes at 390 degrees. Give the basket a quick spritz of cooking spray or oil. Arrange the filets in the basket and cook for 5–7 minutes. Test with a fork to make sure they have reached your desired doneness and cook a little longer if needed. Serve with couscous and fruit for a light, easy meal.



# home of the month

















# Your Home at 1266 W Portico Dr., Oro Valley is The Home of The Month

By **Marion Koeppel** Tierra Antigua Realty - 520-591-7709
Photo Credit: **MARCO BAYET** - REAL ESTATE PHOTOGRAPHY, Phone: 520-357-0181



Marion Koeppel Tierra Antigua Realty 7330 N Oracle Rd 520-591-7709

This 3,541 SF stunning Southwestern home is nestled at 1266 W Portico Dr. in beautiful Vistoso Gateway.

A former model AF Sterling home includes numerous upgrades including a flag Stone entryway, cherry cabinets, granite countertops, new GE Profile stainless appliances, and 8 ft. Alder doors.

Four bedrooms and 3.5 baths. The master bath has large walk-in closets, a soaking tub, glass block shower, and vessel sinks.

 $\operatorname{Relax}$  on the amazing flagstone patio with sparkling pool and huge BBQ.



# **home** decor



# FURNITURE SHOPPING CAN BE A LOT OF FUN.

The idea of renewing our space is a hopeful process; we browse through websites and magazines for ideas and inspiration on how to make our home a sanctuary. But sometimes the process can be overwhelming, especially if we

confuse ourselves when liking different styles or color palettes, this is perfectly normal. The world has a vast history of design and styles, and liking a few different ones is a good thing. It means we are open-minded, we have allowed the world into our eyes and are capable of appreciating different eras, styles, and regional influences.

However, style and design cannot be accomplished before defining the full function of a furniture piece. Furniture should be easy to access, easy to use and easy to see.



# **Readily Available Furniture**

If you want to acquire a piece of furniture already made, this is the most important question to ask: how is it constructed, and which materials were used? The right answer should be mortise and tenon construction. This will ensure your cost of ownership is minimal and you can enjoy your furniture for years to come!

# Custom furniture, take advantage of the local talent!

Tucson has amazing craftsmen and a several custom furniture retailers. In most instances, custom furniture cost the same or less than readily available furniture.

Most retailers have designers on staff that will help you design the piece to meet your requirements. Other available choices for custom ordering include custom colors, incorporating other ornamental materials like glass or metal, custom carvings or cutouts and of course size. Wait times will vary depending on the complexity of the piece, but it is worth it. And if you order custom furniture, you will support your local economy!

# Be ready!

Whether you are buying a readily available piece or a custom order, be prepared before visiting your local retailer.

Measure the space and consider everything around it, including electrical outlets, other pieces in front or behind it, and windows and doors in proximity.

# **Function**

What is the purpose of the piece you need? Is it to provide comfort, storage or to simply fill a space? Often times, we design or acquire pieces to fulfill an immediate need, especially when technology is involved. But furniture should be, for the most part, future-proof and it should be easy to use 10 or 20 years from now.

Doors and drawers should be accessible and arranged for ease of use. Always consider the direction of the hinges and ask for full extension glides.

The materials used for its fabrication should be befitting to the area. In the Sonoran Desert, it's best to stay away from tropical woods or materials that require natural moisture. Alder and Mesquite are best suited for our dry weather; copper, wrought iron, cork, and metal contrast beautifully with our landscape and architecture and are sure to withstand our dry heat.

### And finally, Design!

After you have determined the size and function, now put all your focus on design. Start from the ground up. Bottoms, legs, and bases are as important as the tops and the fronts. Try to visualize the focal points of the piece and how those focal points will work with other furniture in the room.

Nobody knows your taste like you do, so trust your designer instinct and have fun furniture shopping.





# **Newest Branch Opening** Right Before Veterans Day

Hi to all my patriotic Oro Valley friends! Save Thursday, November 8 on your **calendar!** There is a special event that you are going to love!

OneAZ Credit Union is having their Oro

Valley Branch Grand Opening event. This event is for our community and is a family event to honor our local heroes. I am so excited that they are honoring our veterans and first responders! I did not want to miss the chance to invite everyone to this November event, even though they are still doing construction right now while I am writing my article in August. They didn't even have a sign on their new building when I took my pictures, but they will be ready and open for business on October 1, 2018, when this issue of the magazine comes out!

I had a chance to ask Grace Duval, Southern Regional President, about the event and about OneAZ Credit Union. She said, "OneAZ Credit Union opened its doors on October 31, 1951. We will celebrate 67 years in business this year. We are the second



largest Credit Union in the State with \$2 billion in assets and 22 branches. Oro Valley will be the 23rd branch and will be the fourth location in Tucson. We will have ceremonial

events to include our official ribbon cutting in the morning. The event will feature lunch and events in the afternoon to include a firetruck from Golder Ranch, a SWAT vehicle and a motorcycle from the Oro Valley Police Department and activities for children by the Children's Museum. Pusch Ridge Christian Academy will perform in the morning with patriotic music since we are celebrating right before Veterans Day."

They will even have some special guests like executives from OneAZ Credit Union attending. They will have several local heroes to be announced at the event. Officials from the Town of Oro Valley will attend. They also will have the CEO and staff from the Oro Valley Chamber of Commerce and several community leaders from Tucson and Oro Valley.

I also wanted to say thank you to the Oro Valley Police Department, Golder Ranch Fire Department and thank you to Lt. John Teachout for all your help you gave me to get pictures of first responders for this article!

Make sure to save Thursday, November 8 to go to the OneAZ Oro Valley Branch Grand Opening Event at 10718 N. Oracle Rd.! It's going to be amazing! Come on out and show support for our first responders and veterans! I will be there! I hope to see you guys there, too! Tell them Alexie sent you!

Love, Alexie





# **Scott Post**

Insurance Agency

190 West Magee Rd., Ste. 122 Tucson, AZ 85704 Tel 520.498.0300 Fax 855.422.5662

spost@farmersagent.com • https://agents.farmers.com/spost



We would like to introduce you to Tanna Welter, Owner Agent for American Family Insurance.

Tanna is a third generation Tucsonan. She grew up in Marana, went to school there and graduated from Marana High School in 1985. Back in the day, her grandfather and grandmother used to own the Wetmore Pool. For those of you that have been in Tucson more than 30 years or so, you will remember that popular pool.

Her best friend had married a serviceman and had moved to Tacoma, Washington, where he was stationed at Ft. Lewis. So in 1986, Tanna went up to visit her friend and while there, her friend set her up on a blind date with a guy named Michael. They all went out, had a great time and her friend noticed that Tanna was having an especially good time with Michael. Long story short ... Tanna and Michael married three weeks later! She came back to Tucson, packed her stuff and off to Tacoma to start her new life, she went.

They have been married 32 years, have two daughters and a grandson. Her oldest daughter, Shaelin, is now 30 years old. She is the mother to Tanna's 9-year-old grandson, Cylo. Her youngest daughter is 24 years old and her name is Shelby. Shaelin and her husband, Josh, live in Michigan and Shelby lives here in the Tucson area.

Her husband, Michael is from Michigan. He grew up there until he joined the Army. He became a TOW Gunner Sgt and eventual ly ended up in Tacoma Washington.

In 2002, the family moved to Michigan to be close to Michael's aging parents. They lived there for about eight years before returning to Tucson. Tanna worked as a Catastrophe Claims Adjuster for a national company. Her first disaster was Hurricane Katrina and that kept her on the road and many nights away from her family.

Michael worked in law enforcement in Michigan, working for a sheriff's department in the area. Once they moved back to Tucson, he went to work as a Security Officer for Raytheon. He gets to wear his gun and take care of many of the security issues to protect the people, the property and the secrets at Raytheon.

When they returned to Tucson, Tanna went to work as a Territory Sales Manager. At this point, she was providing support and helping the independent insurance agents throughout a large territory. This also kept her on the road as she drove from city to city to visit the independent agents to help them and provide training and field support.

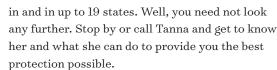
In 2014 she realized she had enough of this road life. Not as glamorous as it seemed. She was ready to settle in and become an independent agent herself. She studied, looked at, and researched several franchise companies to find the perfect one for her and her clients. She wanted a company that would keep her at home with her family. One that she could serve people in several states where she had contacts and established relationships. An organization where she would be able to offer a whole range of services. She made her decision; she decided to go with American Family Insurance.











INSURANCE

**American Family Insurance Tanna Welter** 12080 N Dove Mountain Blvd., Ste 160 **Marana, AZ 85658** 520-395-0842

Tanna has been in insurance for over 35 years. She has worked in all capacities within an agency. She has been as a Customer Service Representative, has also worked as a Claims Adjuster and as a Producer. She now is the Agent and has a great customer service representative in Karin, her assistant.

They have built a great organization capable of serving all the different clients, in all the different states and with all the different products and services that her clients want. They can serve clients in 19 different states. They also offer insurance in the following:

Auto **Home Mexico Insurance Pet Insurance** Health **Business** 

**Annuities** Malpractice **Pharmaceutical Hoa Insurance Director and Officer Insurance**  background. Remember that Tanna taught other Independent Agents all about customer service and taking care

look for:

of their needs.

**Experience.** Just two people in the office, Tanna and Karin, who have a combined 60+ years of

Customer service. Tanna and Karin

both have tons of customer service

experience in insurance. Knowledge. Remember again, Tanna trained Insurance Agents all over how to be a good Agent.

If you want an Insurance Agent that has taught other agents. One that is customer focused and knows what to ask to get you the proper coverage in whatever area you are











# LET US HELP PROTECT YOUR DREAMS



Tanna Welter, Agent 12080 N Dove Mtn Blvd Ste 160 Marana, AZ 85658 Bus: (520) 395-0842 Access Anytime: 1-800-MYAMFAM (800-692-6326)



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American Family Mutual Insurance Company, S.i. and its Operating Companies, American Family Issurance Company, American Family Life Insurance Company, 6000 American Parkway, Madison, WI 53783, 010996 - Rev. 7/17 G2015 - 8173721



# precious pets

David Fimbres Little Bunny Foo Foo, A.K.A. Nash.

Meet Nash, our brand new Cockapoo pup. We brought him home when he was only 7 weeks and 2 days old. He is such a fluff ball of fun ... and hard work, and sleepless nights, and potty accidents, and so much energy ... well, if you have ever had a puppy ... you know.

So far we have "sit," "down" and "leave it." But we cannot get "look at me" on any kind of consistent basis. This little mister has been with us for four weeks now. We are obsessing and overprotective and way more intentional than we were when we had human babies in our home.

The cats are getting used to him and their lifestyle of lounging around and snuggling with me have returned, but they are still not wanting to show much enthusiasm toward Nash.

He is so smart and sweet and how could we not love that little face!











# FOR N2 PUBLICATION RESIDENTS October 25th at 6:30 pm

Tired of going to the movies? In the mood for something different? Why not try a hilarious Improv Comedy show at Unscrewed Theater?

## **Unscrewed Theater has a new home!**

We're located at 4500 E Speedway Blvd #39 directly between Mama's Pizza & Sushi Ten, and just two doors down from a dedicated gluten-free bakery.

As always, we'll take your suggestions and turn them into comedy scenes and games that are seen once then never again. Plus we'll keep it clean — so the whole family can enjoy the night together! Every show is different because the suggestions come from you, our amazing audience!

Working without a script we create fast-paced games and scenes based on audience participation and suggestion. Every show is

different because we never know what you'll throw at us! Bring the whole family out for an evening of laughter and fun, you'll be glad you did! This is a family-friendly event; children are welcome!

Unscrewed Theater doesn't serve food (they do have some light snacks), so if you normally eat around that time, you will want to eat beforehand.

We make Tucson laugh through improv! Performed in the style of the TV show "Whose Line is it Anyway," we are hilarious entertainment for the WHOLE family.

# RSVP to Frank at frank.n2pub@comcast.net

Unscrewed Theater is a 501(c)(3) nonprofit organization dedicated to teaching, performing, and producing all forms of live improvisational theater in Tucson, AZ.



# Sun out, Life in

Proudly serving Phoenix, Tucson, Flagstaff, Sedona, Prescott and surrounding areas. Providing Shade Solutions for 25 years.



# Classifieds



It's Craigslist in your own backyard! To place a free classified ad for items for sale among your neighborhood's residents, email frank.n2pub@comcast.net. by the 25th day of the month. Please include your name, phone number and a brief description of your item. Please send a picture if possible. The listing will run for two months.

You can also advertise babysitting services, house sitting, etc. All you have to do is live in the community and email us or call us and we will be happy to let the neighborhoods know. This is a free service for your community. We hope you enjoy this service!

### This month:

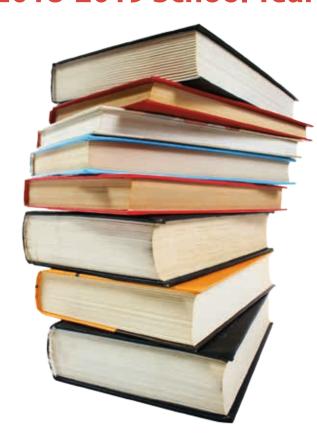
This neighborhood magazine is expanding and as a result, we are looking to fill a part-time position.

We are looking for a Content Coordinator. This person would work about four hours per week and would be responsible for doing articles on Family of the Month, Precious Pet, Yard of the Month and Home of the Month. It pays \$60.00 per article!

This position is ideal for a social person who likes to visit, have coffee with their neighbors and wants to meet new people. If this sounds like you, contact Frank Montano at 520-343-4106 or at frank.n2pub@comcast.net.



# 2018-2019 School Year

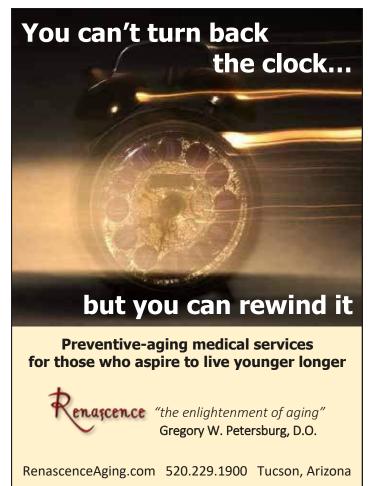


# AMPHITHEATER PUBLIC SCHOOLS CALENDAR 2018-2019 SCHOOL YEAR

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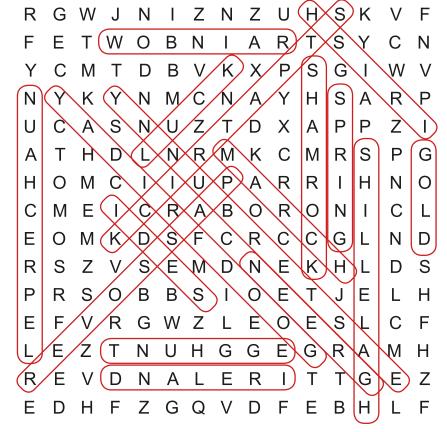


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1	7	8	6	2	9	3	5	4
3	6	4	8	5	7	2	9	1
9	5	2	1	3	4	6	8	7
8	3	5	4	9	2	1	7	6
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